

School Activity Guideline

Millets Quiz Questions



1. The whole pearl millet plant is so versatile that it can be used by both animals and human beings.

- a. True
- b. False

2. There are nine species of millet identified. Which ones are produced in Sub-Saharan Africa?

- a. pearl millet (the most widely grown in 76% area),
- b. finger millet (19% area),
- c. tef (9%) and
- d. fonio (4%).
- e. All of the above

3. Of the millet species above, which one is prominent in South Africa

- a. pearl millet
- b. finger millet
- c. tef (9%)
- d. fonio (4%)

4. Millets' climate resilience and adaptability offer opportunities for strengthening food security and bolstering economic growth.

- a. True
- b. False

5. Millets are climate-resilient.

This means that ----

- a. Millets are resistant to drought and tolerant to crop diseases and pests, allowing them to survive in adverse climatic conditions.
- b. Millets can be destroyed easily by harsh climate conditions like drought.
- c. Millets cannot survive during drought seasons
- d. Millets cannot survive in South African climate environments

6. Millets can be the answer to Africa's poverty situation.

- a. True
- b. False

7. _____ was declared the International Year of Millet?

- a. 2021
- b. 2022
- c. 2023
- d. 2024

8. Millets contain...

- a. Protein
- b. Carbohydrates
- c. Both

9. Millets are drought resistant

- a. True
- b. False

10. _____ is the largest producer of millets

- a. India
- b. South Africa
- c. Nigeria
- d. Mexico

11. Pearl Millet seeds can be used to make...

- a. Beer
- b. Flour
- c. All
- d. None

12. What combination of minerals are found in millets?

- a. Potassium and manganese
- b. Potassium and magnesium
- c. Phosphorus and magnesium
- d. Phosphorus and manganese

13. There is only one type of millet grown for both human consumption and for livestock. True or False?

- a. True
- b. False, there are several varieties and millet is classified into two groups (Major millet-common and more popular and Minor millet-less common)

14. One of the health benefit of millet is that it provides us with more essential amino acids. What are amino acids?

- a. Herb or medication
- b. Acidic element
- c. Building blocks of proteins
- d. All of the above

15. Millet belong to which grain group?

- a. Oatmeal
- b. Cereal
- c. Bread
- d. Pasta

